

Transition Activities Guide

These activities have been created to help you get prepared for secondary school. It will be quite a big change moving to secondary school, however you shouldn't feel worried or nervous about it. It is an exciting, positive change that will enable you to continue to learn to your best potential.

Each activity gives you space to gather your thoughts and write them down. We recommend that you save each activity and come back to it regularly. You might want to add more information or amend your work. Take time to reflect on what you have written and where possible share it with friends or family.

Transition - My Profile:

Write about aspects that are part of your identity to create a profile of your qualities including what you are good at, what you enjoy and what you have achieved.



Transition - My New School:

Find out about your new school and create a booklet of information to help you and others. Use your new school's website and any information that you have received from them.



Transition - Timetable Navigator:

Use the examples in this activity to help you navigate a secondary school style timetable and develop organisation skills.



Transition - Memory Book:

Use this example memory book to give you some ideas of making your own.



Transition - New Teachers:

Read about Jade's experience and then complete the 'Getting Prepared' frame.

Transition - Finding your way

Find out about Leon's experience and then complete the 'Getting Prepared' frame.



Transition - Equipment

Find out about Rebecca's experience and then complete the 'Getting Prepared' frame.



Transition - Homework

Find out about Andrew's experience and then complete the 'Getting Prepared' frame.



Transition - Friends

Find out about Danielle's experience and then complete the 'Getting Prepared' frame.



Transition - New freedoms online

Respond to Jama's emails about online digital technology at secondary school.

