

**purple  
mash**

England 

# Supporting the National Curriculum 2014 with Purple Mash

## Physical Education

## Key Stage 1

### PUPILS SHOULD BE TAUGHT TO

<p><b>MASTER BASIC MOVEMENTS INCLUDING RUNNING, JUMPING, THROWING AND CATCHING, AS WELL AS DEVELOPING BALANCE, AGILITY AND CO-ORDINATION, AND BEGIN TO APPLY THESE IN A RANGE OF ACTIVITIES</b></p>	<p>Use Evidence Me to record evidence of the children's PE lessons and then tag the observations against the National Curriculum 2014. For more information see <a href="http://www.2simple.com/">http://www.2simple.com/</a> for more information</p>	
<p><b>PARTICIPATE IN TEAM GAMES, DEVELOPING SIMPLE TACTICS FOR ATTACKING AND DEFENDING</b></p>	<p>Write A Report About Sports Day 1</p> <p>Write A Report About Sports Day 2</p> <p>Create A Poster for Sports Day</p> <p>Describe the Rules of a Sport</p>	<p><a href="http://www.purplemash.com/#pup/sportsdaynews">http://www.purplemash.com/#pup/sportsdaynews</a></p> <p><a href="http://www.purplemash.com/#pup/sportsdaynews2">http://www.purplemash.com/#pup/sportsdaynews2</a></p> <p><a href="http://www.purplemash.com/#pup/sportsdayposter">http://www.purplemash.com/#pup/sportsdayposter</a></p> <p><a href="http://www.purplemash.com/#pup/gamerules">http://www.purplemash.com/#pup/gamerules</a></p>

**Need more support? Contact us:**

Tel: +44(0)208 203 1781 | Email: [support@2simple.com](mailto:support@2simple.com) | Twitter: [@2simplesoftware](https://twitter.com/2simplesoftware)

<b>PERFORM DANCES USING SIMPLE MOVEMENT PATTERNS.</b>	Use Evidence Me to record evidence of the children's PE lessons and then tag the observations against the National Curriculum 2014. For more information see <a href="http://www.2simple.com/">http://www.2simple.com/</a> for more information
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## Key Stage 2

<b>PUPILS SHOULD BE TAUGHT TO</b>		
<b>USE RUNNING, JUMPING, THROWING AND CATCHING IN ISOLATION AND IN COMBINATION</b>	Write A Report About Sports Day 1	<a href="http://www.purplemash.com/#pup/sportsdaynews">http://www.purplemash.com/#pup/sportsdaynews</a>
	Write A Report About Sports Day 2	<a href="http://www.purplemash.com/#pup/sportsdaynews2">http://www.purplemash.com/#pup/sportsdaynews2</a>
	Create A Poster for Sports Day	<a href="http://www.purplemash.com/#pup/sportsdayposter">http://www.purplemash.com/#pup/sportsdayposter</a>

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<p><b>PLAY COMPETITIVE GAMES, MODIFIED WHERE APPROPRIATE [FOR EXAMPLE, BADMINTON, BASKETBALL, CRICKET, FOOTBALL, HOCKEY, NETBALL, ROUNDERS AND TENNIS], AND APPLY BASIC PRINCIPLES SUITABLE FOR ATTACKING AND DEFENDING</b></p>	<p>Describe the Rules of a Sport</p> <p>Write A Football Match Report</p> <p>Match Report</p>	<p><a href="http://www.purplemash.com/#pup/gamerules">http://www.purplemash.com/#pup/gamerules</a></p> <p><a href="http://www.purplemash.com/#pup/matchreport">http://www.purplemash.com/#pup/matchreport</a></p> <p><a href="http://www.purplemash.com/#pup/rugbyreport">http://www.purplemash.com/#pup/rugbyreport</a></p>
<p><b>DEVELOP FLEXIBILITY, STRENGTH, TECHNIQUE, CONTROL AND BALANCE [FOR EXAMPLE, THROUGH ATHLETICS AND GYMNASTICS]</b></p>	<p>Use Evidence Me to record evidence of the children's PE lessons and then tag the observations against the National Curriculum 2014. For more information see 2Simple.com for more information</p>	
<p><b>PERFORM DANCES USING A RANGE OF MOVEMENT PATTERNS</b></p>		
<p><b>TAKE PART IN OUTDOOR AND ADVENTUROUS ACTIVITY CHALLENGES BOTH INDIVIDUALLY AND WITHIN A TEAM</b></p>		
<p><b>COMPARE THEIR PERFORMANCES WITH PREVIOUS ONES AND DEMONSTRATE IMPROVEMENT TO ACHIEVE THEIR PERSONAL BEST.</b></p>		

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## Key Stage 1 OR Key Stage 2

### SWIMMING AND WATER SAFETY

**PUPILS SHOULD BE TAUGHT TO: SWIM COMPETENTLY, CONFIDENTLY AND PROFICIENTLY OVER A DISTANCE OF AT LEAST 25 METRE**

**PUPILS SHOULD BE TAUGHT TO: USE A RANGE OF STROKES EFFECTIVELY [FOR EXAMPLE, FRONT CRAWL, BACKSTROKE AND BREASTSTROKE]**

**PUPILS SHOULD BE TAUGHT TO: PERFORM SAFE SELF-RESCUE IN DIFFERENT WATER-BASED SITUATIONS.**

Use Evidence Me to record evidence of the children's Swimming lessons and then tag the observations against the National Curriculum 2014. For more information see <http://www.2simple.com/> for more information

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